

NORTH PORTLAND BIBLE COLLEGE (NPBC)

SPIRITUAL FORMATION

PD 106 – 3 Credits

Spring 2017

March 27, 2017 to June 9, 2017

Syllabus

Instructor: Geoff Hartt
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COURSE DESCRIPTION:

Examines biblical, historical and practical factors that are essential to a balanced spiritual life. Students will explore and be challenged to confront the essentials of spiritual growth.

COURSE OBJECTIVES:

- A. Cognitive Objectives (student should know):
 - 1. The distinctive role of “spiritual formation” in the believer’s experience.
 - 2. The biblical basis for a Christian’s identity in Christ.
 - 3. The biblical and historical components of the disciplines that empower our spiritual life.
- B. Affective Objectives (student should experience):
 - 1. A growing sense of identity in Christ, intimacy with God the Father, and empowerment of the Holy Spirit.
 - 2. A healthy sensitivity to sin and redemption.
 - 3. Greater appreciation for their own uniqueness in how they relate to God.
- C. Volitional Objectives (student should resolve to):
 - 1. Pursue a pattern of relating to God that fits their spiritual temperament.
 - 2. Model and teach others by example the importance and benefits of practicing regular spiritual disciplines.
 - 3. Write a paper reflecting their own spiritual make-up and presenting a plan for continued spiritual growth.

COURSE REQUIREMENTS

- 1. Attendance

Class sessions: Tuesdays 6:30pm to 9:30pm, March 27 thru June 9, 2017.

You should clear your schedule so you can attend all sessions and arrange your

commute so as to be on time for all class sessions. Should you need to miss a class it's your responsibility to contact the instructor and make arrangements to make up the work. Unexcused absences will be grounds for failing the class.

2. Reading and participation:

Students will read the assigned portion of the text according to the class schedule. It is expected you will be prepared to engage actively in class discussion. Students will be graded on preparation for and participation in class discussions from these texts.

Time Requirement: 60 hours

3. Assignments

- A. **Ten Questions paper** – students will write a ½ page response to each one of the ten questions in Whitney's book (5 page paper). Paper will be due April 11.
- B. **Sacred Pathways paper** – students will do the survey at the end of each of the nine temperament types and have for discussion the week corresponding to the readings. Students will write a two page paper describing their own temperament and craft a plan to integrate this into their personal spiritual disciplines. Paper will be due May 16.
- C. **Authentic Faith paper** – students will write a three page paper interacting with the text. Instructions will be handed out by instructor. Paper will be due June 6.

Time Requirement: 6 hours

4. Examinations

There are no exams in this course.

REQUIRED TEXTS:

Thomas, Gary. *Authentic Faith: The Power of a Fire Tested Life*. Grand Rapids, MI: Zondervan, 2002.

Thomas, Gary. *Sacred Pathways: Discover Your Soul's Path to God*. Grand Rapids, MI: Zondervan, 2000.

Whitney, Donald. *Ten Questions to Diagnose Your Spiritual Health*. Colorado Springs, CO: Navpress, 2001

COURSE EXPECTATIONS AND POLICIES

NPBC Writing Standards:

All written work must be typed in the format designated by the college. Excessive errors such as grammar, punctuation, format, and spelling will affect your grade.

All written material submitted must be the original work of the student. Plagiarism is a violation of academic integrity and constitutes a serious breach of scholarship standards at North Portland Bible College. When quoting the work of an author or an author's ideas are used in your paper, document, document, and document.

After the last day of the course, there will be no further extensions for work in the class, except for extenuating circumstances, such as family emergencies or medical reasons. Any request for an "INC" grade must be discussed with the professor prior to the last day of school. The professor must notify the office manager and provide copy of the work to be completed, or the grade of an "F" will be assigned.

GRADING: (A ten percent penalty will be assessed for late work)

Ten Questions Paper	(Due April 11)	50 points
Sacred Pathways Paper	(Due May 16)	150 points
Authentic Faith Paper	(Due June 6)	200 points
Class Participation	(Due December 5)	<u>100 points</u>
Total		500 points

GRADING SCALE:

- 90 – 100 A
- 80 – 89 B
- 70 – 79 C
- 60 – 69 D
- 0 - 59 F

SCHEDULE

Date	Class Session/Topic	Assignment Due
March 28	<ul style="list-style-type: none"> • Orientation • Biblical foundation 	
April 4	<ul style="list-style-type: none"> • Historical example • Review reading 	Reading: Ten Questions, chaps 1-5 Assign: response 1-5
April 11	<ul style="list-style-type: none"> • Historical example • Review reading 	Reading: Ten Questions, chaps 6-10 Assign: responses 6-10
April 18	<ul style="list-style-type: none"> • Historical example • Review reading 	Reading: Sacred Pathways, chaps 1-3
April 25	<ul style="list-style-type: none"> • Historical example • Review reading 	Reading: Sacred Pathways, chaps 4-6
May 2	<ul style="list-style-type: none"> • Historical example Review reading	Reading: Sacred Pathways, chaps 7-9
May 9	<ul style="list-style-type: none"> • Historical example • Review reading 	Reading: Sacred Pathways, chaps 10-11
May 16	<ul style="list-style-type: none"> • Historical example • Review reading 	Reading: Authentic Faith, chaps 1-4 Assign: SP paper
May 23	<ul style="list-style-type: none"> • Historical example • Review reading 	Reading: Authentic Faith, chaps 5-7
May 30	<ul style="list-style-type: none"> • Historical example • Review reading 	Reading: Authentic Faith, chaps 8-10
June 6	<ul style="list-style-type: none"> • Historical example • Review reading 	Reading: Authentic Faith, chaps 11-Epilogue Assign: AF paper

Recommended Reading

- Anderson, Neil T. and Robert L. Saucy. *The Common Made Holy*. Eugene, OR: Harvest House, 1997.
- Barna, George. *Growing True Disciples*. Colorado Springs, CO: Water Brook, 2001
- Berg, Jim. *Changed into His Image*. Greenville, SC: BJU Press, 1999.
- Bernard of Clairvaux. *The Love of God*. Portland, OR: Multnomah, 1983.
- Boa, Kenneth. *Conformed to His Image*. Grand Rapids: Zondervan, 2001.
- Bonhoeffer, Dietrich. *The Cost of Discipleship*. New York: MacMillan, 1963
- Bridges, Jerry. *The Discipline of Grace*. Colorado Springs: NavPress, 1979.
- _____. *The Pursuit of Holiness*. Colorado Springs: NavPress, 1978
- Bunyan, John. *Pilgrim's Progress (in Modern English)*. Orlando: Bridge-Logos, 1998.
- Chapell, Bryan. *Holiness by Grace*. Wheaton, IL: Crossway Books, 2001.
- Coleman, Robert E. *The Mind of the Master*. Old Tappan, NJ: Revell, 1977.
- Companjen, Anneka. *Hidden Sorrow, Lasting Joy*. Wheaton: Tyndale House, 2001.
- Curtis, Brent and John Eldredge. *The Sacred Romance*. Nashville: Thomas Nelson, 1997.
- Cymbala, Jim. *Fresh Wind, Fresh Fire*. Grand Rapids: Zondervan, 1997.
- DeWitt, David. *The Mature Man: Becoming a Man of Impact*. Gresham, OR: Vision House, 1994.
- Edwards, Jonathan. *Religious Affections*. Portland, OR: Multnomah, 1984.
- Eldredge, John. *The Journey of Desire*. Nashville: Thomas Nelson, 2000.
- Foster, Richard. *Celebration of Discipline*. San Francisco: Harper and Row, 1978.
- _____. *Streams of Living Water*. San Francisco: Harper, 1998.
- Foster, Richard and James Bryan Smith eds. *Devotional Classics*. San Francisco: Harper, 1993.
- George, Bob. *Classic Christianity*. Eugene, OR: Harvest House, 2000.
- Gangel, Kenneth and Jim Wilhoit. *Christian Educator's Handbook on Spiritual Formation*. Grand Rapids: Baker Books, 1994.
- Getz, Gene A. *The Measure of a Man*. Ventura, CA: Regal Books, 1974.
- Gire, Ken. *Windows of the Soul*. Grand Rapids: Zondervan, 1996.
- Hilton, Walter. *Toward a Perfect Love*. Translated by David L. Jeffery. Portland, OR: Multnomah, 1985.
- Hughes, R. Kent. *Disciplines of a Godly Man*. Wheaton: Crossway Books, 1991.
- Hull, Bill. *The Complete Book of Discipleship*. Colorado Springs, CO: NavPress, 2006.
- Inrig, Gary. *True North*. Grand Rapids, MI: Discovery House, 2002.
- Law, William. *A Serious Call to a Devout and Holy Life*. Grand Rapids: Eerdmans, 1966.
- Macchia, Stephen A. *Becoming a Healthy Disciple*. Grand Rapids: Baker, 2004.
- MacDonald., Gordon. *Ordering Your Private World*. Nashville: Oliver-Nelson, 1984.
- MacDonald, James. *I Really Want to Change, So Help Me God*. Chicago: Moody, 2000.
- Manning, Brennan. *Abba's Child: the Cry of the Heart for Intimate Belonging*. Colorado Springs: NavPress, 1994.
- Marchiano, Bruce. *The Character of a Man: Reflecting the Image of Jesus*. W. Monroe, LA: Howard, 2004.

McGinn, Bernard, eds. *Christian Spirituality – Origins to the Twelfth Century*. New York: Crossroad, 1997.

Mulholland, M. Robert Jr. *Invitation to a Journey*. Downers Grove, IL: InterVarsity, 1993.

Ortberg, John. *The Life You've Always Wanted*. Grand Rapids: Zondervan, 2002.

Packer, J. I. *Knowing God*. Downers Grove, IL: InterVarsity, 1973.

Peterson, Eugene H. *The Contemplative Pastor*. Grand Rapids: Eerdmans, 1989.

_____. *A long Obedience in the Same Direction*. Downers Grove, IL: InterVarsity, 1980

Piper, John. *Desiring God*. Portland, OR: Multnomah, 1986.

_____. *Don't Waste Your Life*. Wheaton, IL: Crossway, 2003.

_____. *When I Don't Desire God*. Wheaton, IL: Crossway, 2004.

Raitt, Jill ed. *Christian Spirituality – High Middle Ages and Reformation*. New York: Crossroad, 1997.

Sanders, J. Oswald. *Spiritual Maturity*. Chicago: Moody Press, 1962.

Sheldon, Charles, edited by James S. Bell, Jr. *In His Steps*. Tulsa, OK: Honor Books, 1998.

Stanford, Miles. *Principles of Spiritual Growth*. Back to the Bible

Stowell, Joseph. *Far from Home: The Soul's Search for Intimacy with God*. Chicago: Moody Press, 1998.

Swindoll, Charles. *Active Spirituality*. Dallas: Word, 1994.

_____. *Grace Awakening*. Dallas: Word, 1990.

_____. *Improving Your Serve*. Waco, TX: Word, 1981.

_____. *So You Want to Be Like Christ? Eight Essentials to Get You There*. Waco, TX: Word, 1981.

_____. *The Quest for Character*. Portland: Multnomah, 1987.

Thrasher, Bill. *Living the Life God Has Planned*. Chicago: Moody Press, 2001.

Thrall, Bill, Bruce McNicol and John Lynch. *True Faced*. Colorado Springs: NavPress, 2004.

Thomas, Gary. *Sacred Pathways*. Grand Rapids: Zondervan, 2000.

White, Jerry. *Honesty, Morality and Conscience*. Colorado Springs: NavPress, 1994

Willard, Dallas. *The Divine Conspiracy*. San Francisco: HarperSanFrancisco, 1998.

_____. *Renovation of the Heart*. Colorado Springs: NavPress, 2002.

_____. *Revolution of Character*. Colorado Springs: NavPress, 2005.

_____. *The Great Omission*. San Francisco: HarperSanFrancisco, 2006.

_____. *The Spirit of the Disciplines*. San Francisco: HarperSanFrancisco, 1990.

Whitney, Donald S. *Spiritual Disciplines for the Christian Life*. Colorado Springs: NavPress, 1991.

Yancy, Philip. *What's So Amazing About Grace*. Grand Rapids: Zondervan, 1997.

Yun, Brother with Paul Hattaway. *The Heavenly Man*. Grand Rapids: Monarch, 2002